

# NBG and PSC Party Information

## Gymnastics Parties

Our gym parties are simply fantastic! Imagine having a party for your friends with the whole gym to yourself – fly on the trapeze, have a pizza box relay race on the beam, jump on our many trampolines, and play gladiator in the huge foam pit. No wonder they are so popular!

Parties include ninety minutes in the gym with qualified coaches organizing fun games, gym circuits, relays, and fun with the children.

Saturday from 2:00pm and Sunday from 10:00am

COST \$18 pp

## Extreme Parties

Try out our NEW latest party option!

Our 'Extreme Parties' run the time frame of 2.5hrs and, would you believe, in this time the kids go through a combination of kayaking fun, survivor and gladiator style games, and even an outdoor volleyball session.

Suitable for energy-charged boys and girls aged 10 and over. Our specialised coaches are trained and ready to put party guests to the test!

Minimum: 8 Children

Maximum: 12 Children

Saturday and Sunday only

COST \$25 pp

## Combination Parties

For the ultimate party experience, choose a Combination Party! You have a choice of:

- 60 minutes gym fun + 30 minutes SandBucket play *OR...*
- 60 minutes SandBucket play + 30 minutes gym fun

Saturday from 1:30pm and Sunday from 10:00am

COST \$20 pp

## Kayak Parties

The latest craze on the Northern Beaches is our 'Kayak Parties'... suitable for children aged seven years and over.

Why not hire our kayaks and spend a few hours exploring beautiful Narrabeen Lagoon? We have twelve kayaks available and lifejackets are provided.

We also have a fantastic outdoors BBQ area that you can hire, complete with BBQ, table, chairs... all under cover. All you have to do is bring the plates, cups, utensils, drinks, snags, bread and tomato sauce.

We can also provide an instructor if required.

- All children under eighteen must be supervised by an adult.
- All children should wear swimmers, rash vests, hats and sunscreen.

Minimum: 8 Children

Maximum: 12 Children

• 90mins of kayak fun:

COST: \$16 pp

• Supervised kayak party:

Instructor fee \$120 PLUS \$14 pp

• BBQ hire:

COST: \$100

## **'Mid-Week Madness' Parties**

Midweek madness for pre-schoolers!

A mid-week party lets the children have fun for 90minutes: 45minutes in the gym and then 45 minutes in the SandBucket play centre. We play games, fly on the trapeze, jump on our trampolines, swing on the rings, have sword fights on the beam, and a whole lot more.

We can guarantee the kids are entertained and kept active the whole time.

Weekdays from 12pm

45mins gym fun + 45mins SandBucket play(*non-exclusive*)      COST \$12 pp

## **SandBucket Parties**

Stress free, mess free! That's right... a kid's indoor play centre ideally located on the Northern Beaches.

With all the latest indoor play equipment— slippery dips, ball pits, and soft play equipment — The Sand Bucket Play Centre is the place to bring the kids to run off some energy, whilst you relax and enjoy a coffee in our Sports Café.

- Choose from mid-week or a weekend party.
- Enquire about our exclusive SandBucket party option.

Daily from 9am

COST \$10 pp