

# GYMNASTICS CLUBS OF AUSTRALIA

NOTHERN BEACHES GYMNASTICS  
26th and 27th of SEPTEMBER 2009

## ROTATION PLAN

**DRAFT**

Saturday 26th September

Session One  
LEVEL 3 and 4 WG

Warm-up 8.30am  
Marshall 8.50am  
Competition Commences 9.00am  
Competition Conclusion 11.30am  
Presentation 11.50am

9.00am  
11.30am  
11.50am

ROTATION	R1	R2	R3	R4	R5
<b>GROUP 1</b>	G1	G2	G3	G4	G5
<b>GROUP 2</b>	G5	G1	G2	G3	G4
<b>GROUP 3</b>	G4	G5	G1	G2	G3
<b>GROUP 4</b>	G3	G4	G5	G1	G2
<b>GROUP 5</b>	G2	G3	G4	G5	G1

## ASSOCIATION

### ENTRIES

	3	4
NBG	6	5
NSW ACADEMY		6
WAVERLY GYMNASTICS		4
SPLITZ GYMNASTICS	9	15
Buritz Gymnastics		1
DELTA GYMNASTICS		15
<b>TOTAL</b>	<b>15</b>	<b>46</b>

### ENTRIES

	3	4
OPEN		
NBG	7	6
<b>TOTAL</b>	<b>7</b>	<b>6</b>

## ROTATION PLAN

Group 1	Vault
Group 2	Uneven Bars
Group 3	Beam
Group 4	Floor
Group 5	REST

## JUDGES PANELS

Group 1	Vault
Group 2	Uneven Bars
Group 3	Beam
Group 4	Floor
Group 5	REST

Splitz	5/L4	Delta SP	2/L4	12
NBG	4/L4 State	Buritz	1/L4	
Slitz	10/ L4	NBG	5/L4	15
Splitz	9/L3	NBG	6/L3	15
Delta	11/L4	WAV	4/L4	15
NSW	7/L4	NBG	6/3 State	13

## PANEL ONE

## PANEL TWO

# ROTATION PLAN

**DRAFT**

Saturday 26th September

Session Two  
LEVEL 5

Warm-up 12.00pm  
 Marshall 12.20pm  
 Competition Commences 12.30pm  
 Competition Conclusion 2.30pm  
 Presentation 3.00pm

ROTATION	R1	R2	R3	R4	R5
<b>GROUP 1</b>	G1	G2	G3	G4	G5
<b>GROUP 2</b>	G5	G1	G2	G3	G4
<b>GROUP 3</b>	G4	G5	G1	G2	G3
<b>GROUP 4</b>	G3	G4	G5	G1	G2

## ASSOCIATION

### ENTRIES

NBG	5
NSW ACADEMY	6
WAVERLY GYMNASTICS	7
SPLITZ GYMNASTICS	4
Buritz Gymnastics	2
DELTA GYMNASTICS	12

**TOTAL** 32

### ENTRIES

OPEN	5
NBG	7

## ROTATION PLAN

<b>Group 1</b>	Vault
<b>Group 2</b>	Uneven Bars
<b>Group 3</b>	Beam
<b>Group 4</b>	Floor

<b>WAV</b>	7/L5	<b>SPLITZ</b>	4/L5	11
<b>NSW</b>	5/L5	<b>Delta SP</b>	5/L5	10
<b>DELTA</b>	9/L5			9
<b>Buritz</b>	2/L5	<b>NBG</b>	9/L5 State	11

## JUDGES PANELS

<b>Group 1</b>	Vault
<b>Group 2</b>	Uneven Bars
<b>Group 3</b>	Beam
<b>Group 4</b>	Floor

PANEL ONE	PANEL TWO

# ROTATION PLAN

**DRAFT**

Saturday 26th September

Session Three  
LEVEL 6

Warm-up **2.50pm**  
 Marshall **3.10pm**  
 Competition Commences **3.20pm**  
 Competition Conclusion **5.20pm**  
 Presentation **5.50pm**

**3.20pm**  
**5.20pm**  
**5.50pm**

ROTATION	R1	R2	R3	R4	R5
<b>GROUP 1</b>	G1	G2	G3	G4	G5
<b>GROUP 2</b>	G5	G1	G2	G3	G4
<b>GROUP 3</b>	G4	G5	G1	G2	G3

## ASSOCIATION

### ENTRIES

	<b>6</b>
NBG	9
NSW ACADEMY	5
WAVERLY GYMNASTICS	
SPLITZ GYMNASTICS	4
Buritz Gymnastics	1
DELTA GYMNASTICS	9
<b>TOTAL</b>	<b>28</b>

### ROTATION PLAN

<b>Group 1</b>	Vault
<b>Group 2</b>	Uneven Bars
<b>Group 3</b>	Beam
<b>Group 4</b>	Floor

<b>NBG</b>	9 Buritz	1	9
<b>DELTA SP</b>	4 Delta	5	9
<b>SPLITZ</b>	4 NSW	5	9

### JUDGES PANELS

<b>Group 1</b>	Vault
<b>Group 2</b>	Uneven Bars
<b>Group 3</b>	Beam
<b>Group 4</b>	Floor

PANEL ONE	PANEL TWO

# ROTATION PLAN

**DRAFT**

Sunday 27th September

Session Two  
LEVEL 7,8 and 9

Warm-up **8.30am** \*App Warmup - (20min General, 10min app)  
 Marshall **9.30am**  
 Competition Commences **9.40am**  
 Competition Conclusion **12.00pm**  
 Presentation **12.30pm**

ROTATION	R1	R2	R3	R4	R5
<b>GROUP 1</b>	G1	G2	G3	G4	G5
<b>GROUP 2</b>	G5	G1	G2	G3	G4
<b>GROUP 3</b>	G4	G5	G1	G2	G3
<b>GROUP 4</b>	G3	G4	G5	G1	G2

## ASSOCIATION

### ENTRIES

### ROTATION PLAN

	7	8	9	10
NBG	3	5	1	2
NSW ACADEMY	3	3		
WAVERLY GYMNASTICS				
SPLITZ GYMNASTICS				
DELTA GYMNASTICS	2	2		2
<b>TOTAL</b>		<b>22</b>		

<b>Group 1</b>	Vault
<b>Group 2</b>	Uneven Bars
<b>Group 3</b>	Beam
<b>Group 4</b>	Floor

<b>NBG</b>	3/L7	5/L8	2/L10	<b>11</b>
	1/L9			
<b>NSW</b>	3/L7	<b>3/L8</b>		<b>6</b>
<b>DELTA SP</b>	1/L7	<b>DELTA</b>	1/L7	<b>5</b>
<b>DELTA</b>	2/L8	<b>DELTA</b>	2/L10	

### JUDGES PANELS

### PANEL ONE PANEL TWO

<b>Group 1</b>	Vault
<b>Group 2</b>	Uneven Bars
<b>Group 3</b>	Beam
<b>Group 4</b>	Floor


**ROTATION PLAN**

**DRAFT**

Sunday 27th September

Session Five  
LEVEL 10 & IDP

Warm-up	12.30pm	(General 20min and App 10min)
Marshall	1.30pm	
Competition Commences	1.40pm	
Competition Conclusion	3.50pm	
Presentation	4.15pm	

**MERGED TO ONE SESSION**

ROTATION	R1	R2	R3	R4	R5
<b>GROUP 1</b>	G1	G2	G3	G4	G5
<b>GROUP 2</b>	G5	G1	G2	G3	G4
<b>GROUP 3</b>	G4	G5	G1	G2	G3
<b>GROUP 4</b>	G3	G4	G5	G1	G2

**ASSOCIATION**

**ENTRIES**

NBG

NSW ACADEMY

WAVERLY GYMNASTICS

SPLITZ GYMNASTICS

DELTA GYMNASTICS

<b>TOTAL</b>	
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**ROTATION PLAN**

<b>Group 1</b>	Vault
<b>Group 2</b>	Uneven Bars
<b>Group 3</b>	Beam
<b>Group 4</b>	Floor

**JUDGES PANELS**

<b>Group 1</b>	Vault
<b>Group 2</b>	Uneven Bars
<b>Group 3</b>	Beam
<b>Group 4</b>	Floor

**PANEL ONE**      **PANEL TWO**